

# January 2025 MaineStreamer's Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 11:15-12:15 Senior Aerobics	2 12:30-2:30 Bingo 	3 Day Trip: 3:00 - 10:30 Nitti's Supper Club 	4
5	6 6:00-7:30 Yoga	7	8	9 10:15-11:15 Zumba Gold	10 10:30- 11:30 Informative (Town Hall) "First Ladies: Style Icons" Presenter: Valerie Gugala 	11
12	13 10:30-11:30 Senior Aerobics 1:00-3:00 Fiber Arts Winter Bird  6:00-7:30 Yoga	14 5:30-7:30 Twilight Dining: Johnny's Kitchen & Tap 	15 Day Trip: 10:15 - 5:45 Disney's Frozen The Broadway Musical  11:15 - 12:15 Senior Aerobics	16 10:15-11:15 Zumba Gold 1:00-3:00 Day at the Races 	17	18
19	20  Closed - Holiday	21 Day Trip: 8:30 - 5:00 Harold Washington Library & Palmer House Tour 	22 11:15 - 12:15 Senior Aerobics	23 10:15-11:15 Zumba Gold	24	25
26	27 10:30-11:30 Senior Aerobics 2:00-3:30  Computer Workshop 6:00-7:30 Yoga	28 1:30-3:15 Monthly Movie "Miracle Club" 	29 11:15 - 12:15 Senior Aerobics	30 10:15-11:15 Zumba Gold	31	